



February 15, 2010

# Newsletter

## Jonah's Newest Message

Just Released

### **SPEAKERS FOR THE ELITE**

Jonah's message "Speakers for the Elite" is in part a continuation of "Nature of the Beast." In this message Jonah goes into much detail about the Elite; who they are, where they came from, and just who and what the Speakers are he referred to in "Nature of the Beast." This is not a message about surviving, but a message on how to thrive.

### **NATURE OF THE BEAST**

Jonah's message "**Nature of the Beast**" is a message for deep understanding of the nature of your makeup. Jonah explains why there is no contradiction between evolution and spirituality. Why do humans carry such strong emotions of anger, hatred, desire for war, and the desire to inflict self punishment? Jonah explains the difference between

the 3<sup>rd</sup> and 4<sup>th</sup> dimension and where humans (the human body) came from. This is a powerful message to understand why you are the way you are with a sense of peace, and why you have the power to change it. Caution, this message may push your beliefs.

To order online go to Products page at  
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Request the order by check mail order form. E-Mail [Hossca@aol.com](mailto:Hossca@aol.com) and put Check Order Form in the subject line. We will send you the CD order form.

## The Next European Intensive Athens, Greece

# Did Ye Miss The Secret?

**March 20, 21, 2010**

Jonah will give steps to refine your sixth sense, to be aware of the secret war for your mind, and to recreate missed opportunities for creating a joyful life. What does the European Union have planned for you?

Do you find yourself running away from the joy you desire? Do you find yourself creating one relationship after another, each full of pain?

**This Intensive is about creating and maintaining the life you deserve.**

*For more information and to register for this Intensive contact  
Ioanna Golfinopoulou in Athens at 210-6778216*

# A Message from Hossca

Due to the length of this Newsletter the Message from the Hossca series will resume with the March 1, 2010 issue.

Until then I would like to share with you one of my favorite quotes from antiquity.  
. Enjoy

I do nothing but go about persuading you all, old and young alike, not to take thought for your persons or your properties, but and chiefly to care about the greatest improvement of the soul. I tell you that virtue is not given by money, but that from virtue comes money and every other good of man, public as well as private. This is my teaching, and if this is the doctrine which corrupts the youth, I am a mischievous person...Socrates

## Jonah Question and Answer

*The following questions are from the latest American Jonah Intensive held in Denver, Colorado. We were not able to accommodate all questions submitted because of the quantity of questions we received. We will resume answering our regular questions in the next Jonah Newsletter.*

*Dear Hossca + Family,*

*Thanks so much for a wonderful intensive- I'm so grateful I was able to attend and I really appreciate all your hard work in making this happen for us.*

*Just a quick story- as we boarded the flight home from Denver, a family in a row nearby was having McDonald's meals before we took off- I saw them give their toddler a bottle of the McDonalds milk. Within literally three minutes, he had thrown it all up, turned bright red with hives and had trouble breathing- they hustled him off the plane (fortunately we hadn't left yet) for medical treatment. The distraught mother said he drinks milk all the time... Many thanks to Jonah for raising this new milk tainting to our awareness, I'm going to tell everybody who wants to hear! Jacqueline Lloyd, Ramona, California*

Is there a physical symptom when one has experienced subliminal messages? Katy Haverstick Denver, Colorado

**Indeed, dullness in the head and often times the spine. When one experiences this they begin a process of doubting their purpose, abilities, and heart connections...Jonah**

Questions...In changing our diets to buying true organic food what do you suggest we do when we go to restaurants that have foods that are full of these antibiotics? Is there anything else we can do other than transmuting these foods? Glenda Lynn, Denver, Colorado

**Make a choice to research what restaurants serve the higher quality food and offer your support to that restaurant, then let it be known. Other than this learn to transmute these foods. But to eat these foods on a regular basis so one can claim to transmute them, is creating a deception of self...Jonah**

At the intensive Jonah mentioned that the primary cause for cancer is toxins in our foods. I also believe that our emotions play a role in specific diseases such as cancer, diabetes, heart disease. When treating these patients is it important to focus on their nutrition and emotions or initially just the foods they eat? Our patients usually respond initially to relief from their physical symptoms. What are your suggestions for treating these patients? Thanks for a very informative weekend! Sue Goodin, Denver, Colorado

**Indeed, what we stated was as follows. "A primary cause of the current epidemic in cancer is due to the toxins in food. Indeed, toxins are creating an epidemic in cancer, diabetes, and heart disease." As we have taught for many of your years, there are many causes for cancer including emotional and mental imbalance. When one sets the stage for their body to be out of balance they lower their immune system, thus allowing cancer or other diseases to form. When one continues to eat toxic food while denying their spiritual self, will create an epidemic of cancer and other diseases as ye are now experiencing. Eating toxic food does bind the consciousness to old programs, old fears, and denial of life...  
Jonah**

With regards to the inoculations, is **Botulinum toxin** one of the toxins Jonah was speaking about? Also is Thimerisol (Or mercury) the other? Do you know which toxins he spoke about? Thank you, Michelle McMillen, Boulder, Colorado

**Well for goodness sakes. Indeed, it is what ye call mercury which also exist in all of your creeks, and those who live in the water creeks...Jonah**

In step 2 (two) we were instructed to create a disc divided into three equal parts colored blue, green and red. We are to place upon each color a goal that we are desiring to achieve at this time. My question is when we have achieved one goal on the disc can we then replace that section with a new desire; or, do we have to wait until all three goals are achieved, create a new disc and start again? Jaylene Mahlers, Price, Utah

**Indeed, it is of greater value to put three goals that support and balance each other. Therefore use the three goals until all three have been achieved, then start again with three new goals...Jonah**

Based on written history, the Sadducees and Pharisees (the priests and sages) seemed to have been opposing sects at the time of Jeshua Joseph bar Joseph, and by the time of Constantine, the Sadducees seemed to have all but disappeared and the Pharisees had been under oppressive Roman rule. Would you provide more information on how it came about that during the time of Constantine the elite of the Sadducees and Pharisees contributed to limit the rise in expansion of consciousness amongst the Pagans by the early Christians through the creation of the Christian religion? Were there not elite amongst the Roman leadership that had the same concern and design? Does this parallel what is occurring at this time? Thanks! Barry Simon, Rancho Santa Fe, California

**Since I am now writing my book "The Essene Odyssey" I want to take this time to answer this question, as part of this information will be in my book.**

**It is correct as to written history; the Sadducees did seem to disappear around 70 AD when their school and the Temple of Jerusalem were destroyed. During the time of Jeshua Joseph bar Joseph the Sadducees and the Pharisees were not friendly toward each other, but did need each other. The Sadducees held the majority of the ruling council of Sanhedrin. The Sadducees were aristocrats and true to their nature they let everyone know this. The Pharisees were more in touch with the common man of the time, therefore the Sadducees needed to keep the Pharisees on somewhat of a friendly relationship for public view. Behind public view they were much like our Republicans and Democrats in the United States. In public they are one way, behind closed doors they are quite another way. The Sadducees had money and power, and they knew how to use it. They were in bed with the Romans in more ways than one. They had many special privileges from the Romans. When Rome destroyed the temple in 70 AD the written history of the Sadducees ended, but the Sadducees continued with their power and influence (the Sadducees did not have their own writings, but**

rather were written about by others). Some intermarried with the Romans to continue their status. It is within this line the Sadducees came to influence some time later Constantine, in his role to unite the Christians and the Pagans. Constantine hated the Jews and passed many laws making them as second level citizens. What is not well known and certainly has not been written about that I can find, is Constantine was part Jewish. This Jewish blood came through the female Jewish line when the Sadducees got in bed with the Romans. One must understand the power plays of the day and how the Elite use many different groups, even turning one group against another. At this time we have the elite working with the Jews, Muslims, Christians, as well as different political systems around other world. We can view many different religious groups of history and see the political power of each rising and falling, all moving to the same goal of keeping the human consciousness under the influence of the Elite. The Elite carry no loyalty but to themselves. They will use whatever group is open to receiving their world power and privileges...Hossca

Jonah, you advised strongly, to everyone at the Intensive, to cease being passive. As one begins to shift from being passive to proactive, it can seem easy to gravitate back towards passiveness when one thinks about how large the corporations are and how much funding they have to support subliminal messages. Is it as simple as following the steps you gave to resist the subliminal messages and recognize opposite polarity choices while attracting like individuals who truly want change? Would this weaken the strength of the corporations' hold on many individuals' and the self's minds and then change becomes a reality? Thank you, Tami Urbanek Monument, CO

**For goodness sakes, ye answered the question before ye presented it...Jonah**

Regarding the ammonia that is being injected in beef, what are the effects of ammonia on the human body? Sharon Soldi, Ramona, California

**When ammonia is taken into the body through breathing, swallowing or contact with the skin, it reacts with water to produce what ye would call ammonium hydroxide. This chemical damages cells in the body on contact, allowing for a deeper buildup of toxins and depression...Jonah**

Dear Jonah,

My question is on the breathing technique given at the intensive - when one first wakes up, before they physically get up. If one uses an alarm to wake them, and they are able to turn it off without getting out of bed, will they still be able to do the breathing technique and have it be of benefit in the steps of opening up the 6th sense?

Thank you, Debbie Norum Yes...Jonah

**Yes...Jonah**

Hi Hossca, I have a couple of questions for Jonah.

The recent earthquakes in Haiti are under speculation that they were induced by the HAARP device in order to allow the deep oil deposits in that area to seep more closely to the surface. Was this the source behind this catastrophic event? Also, is it true that the Chinese were given a shipment of gold bars by the United States which were fake, in that they were actually gold plated metal bars? Alan Drobnak, Denver, Colorado

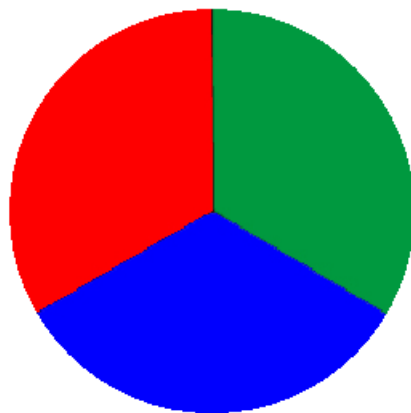
**Indeed, that ye call HAARP is in part responsible for the earthquake. Also the drawing of many oils from this area is also responsible for this earthquake. This is another example of that ye call corporations, the Elite, indeed that ye call HAARP which we have spoken about in your past, is in part taking the human birthright away from the children and grandchildren.**

**As to your question about the Chinese, this did not occur. Indeed, the Chinese do carry more awareness and will use that awareness to force acceptance from your country...Jonah**

Dear Hossca and Jonah

thank you so much for your love and support. In regards to your powerful, as always, last intensive I would like to ask your guidance in the 2nd step of the exercise which was given (dividing the disk in 3 equal parts etc.).The colors should be the primary colors which mean yellow, red and blue? I also didn't understood very well whether the disk is spinning and the colors are being blending together as we focus our vision upon it. Anyway, I am not very sure of what I really understood according to the step 2 of the exercise because my English didn't help me this time. Would it be possible to repeat it shortly please? Thank you so much in advance with love and gratitude. Sophia Tsoumaki Athens Greece

**The second exercise Jonah gave was to make a wheel. Divide the wheel into three equal sections, red, green and blue.**



On this wheel write 3 goals that you would like to accomplish.

When you have written your goals on the wheel, spin the wheel. Visualize an energetic link coming out of the center of the wheel and linking with that of the third eye and physical sight. Speak unto yourself, "I accept my ability to achieve these three goals." Be certain that the energy of your goals are from YOUR heart. When doing this make sure there is no one within 12 feet of you. It is best to isolate yourself and be in a room where there is no energetic interference. This exercise is about using your energy, and your influence to put yourself in charge of your destiny. If others have been in the room, cleanse it energetically before you begin this exercise.

If you search several times per day, expect to see opportunities become presented in 6 to 12 days.

If you search one time per day, expect to see opportunities become presented in 3-6 weeks.

First you must work on your shame, or that shame will interfere with this exercise.

Following this exercise give permission for what is being presented to accomplish these goals.

This exercise is about creating a positive influence in the brain and the mind. Within the anatomy of your eyes, you have cone cells and rod cells. The primary colors that your cone cells react unto are red, green, and blue. These are the three physiological primary colors in terms of how your eyes interpret light, which if any would like to search would be labeled as *Trichromacy*.

Many became confused because traditional art teaches the three primary colors as red, yellow, and blue. The RYB model was created a few hundred years ago, and was revised when science was used to understand the anatomy of human eyes, and how the eyes perceive color.

The color model that is most accurate in terms of human vision is labeled the RGB Color Model, (RGB standing for Red, Green, and Blue) which has had a major influence in displays on computer screens, television screens, cameras, and scanners.

In spinning the wheel, your conscious mind should not be able to consciously see the three goals you have written upon it. However your cone cells will be active, sending that image, that message of your goals, which will be recorded accepted and understood within the unconscious mind.

The colors needed to be used for this exercise to work are Red, Green, and Blue.

**By Joseph Armeanio, Primary Student of Hossca Harrison**

Dear Jonah I understand that dark masters have the ability to discard their worn bodies and inhabit new ones when their energy creates physical disease. I also assume that they have the ability to minimize and wall off their emotional bodies. Doesn't there come a point though, when their mental bodies also destruct as a result of the Karma they have accumulated? Many thanks, Alex Luisander, Germany

**For goodness sakes, why would they wall off their emotional body? And why would one perceive a mental body of the Elite would not continue to fully function? The one ye call Hitler had a powerful emotional body and a powerful destructive mind, yet look at what he accomplished for the Elite. Many seek to under estimate a master of darkness. A master of darkness uses their mind and emotions to achieve what they believe will support their control...Jonah**

## Questions for future Newsletters

Jonah a Unified Field Theory is obviously the attempt to mathematically express how the universe works, including quantum mechanics and relativity, micro and macro functioning of energy, all in one beautiful, elegant formula. But as you say, we are attempting to accomplish this from a 3rd dimensional viewpoint/consciousness. And the *strings* of string "theory" are linked to knowingness, a 4th dimensional soul, heartfelt knowingness, which opens the mind to comprehend the patterns we seek. Can it be done? A unified field formula? I had a dream that it was accomplished. But can it be done in mathematical form? Michael Bohoskey Durango, Colorado

Dear Jonah, airplanes spray chemicals in the atmosphere creating clouds which hide the sun. How can we empower ourselves and cleansing of these chemicals? Thanks and Love, Nina Maroullaki, Rhodes, Greece

You have spoken to me of going into the Void. A Course in Miracles and some other teachings seem to be directed at what is referred to as "the undoing of the mind." Is this the same as going into the Void. I have found myself drawn toward Advaitist (non-dual) teachings, as well. Are any of these useful tools for going into the Void? If so, which ones? If not, what tools or approaches support going into the Void? Linda Masterson, Felton, California

Jonah, is it true that the elite staged the whole 9/11 catastrophe in order to just change the face of fear? Did the government know and if yes what was the extent of government involvement? Also, I don't understand how the elite knows so much about the human psyche and yet use the knowledge to instigate fear and maintain control instead of inspire growth? I mean, OUR growth is assisted by knowledge of the Self, right? OUR growth is based on knowledge of our mind and emotions. So how come THEIR knowledge brings about stagnation, fear and resistance instead of growth? Knowing so much, the elite gives me the impression that it consists of beings quiet developed spiritually or how did they ever get to understand our mind so well as to manipulate the masses, if they are not spiritual? I can only guess that they may have somehow acquired their higher knowledge without effort. As if it was readily available to them without them needing to do the work to acquire it by themselves. Someone offered them the end result without them needing to undergo the journey to that end? Who did and in exchange of what? Thank you, Cornelius, Boulder, Colorado

Dear Jonah, how organized is the Elite? Are you referring to the ruling elite from Atlantean times, the ones that don't die, the ones who put their consciousness into new bodies when the old ones wear out? What is the intelligent energy that is connected with the true elite? It's an ancient and highly intelligent, very cold and heartless energy and intelligence with the ability to see past and future. What IS that? Furthermore, I thought I have met members of the elite in society and politics-and most of them don't embody this ancient calculating and cold intelligence quality that I'm referring to, so maybe they are speakers and in fact not the elite themselves? How hidden are the elite? As always, thank you for the gift of clarity! Jackie Lloyd, Ramona, California

Dear Jonah,

When you have a loved one in your life who is in physical or emotional pain and either not healing at all or working on their healing on the surface, how does one be ok with their choice? How do you remain focused on your own life and still support and love your loved one's choices without it affecting you?

Thank you for your wonderful teachings. In Gratitude, Debbie Norum, Woodland Park, Colorado

Dear Jonah is hypnotherapy an effective tool to heal our most deeply held negative beliefs? Can hypnotherapy be a tool for PERMANENT change

and healing? Thank you for all of your love, support and teachings.  
Anna Francis, Denver, Colorado

Dear Jonah,

Many people and organizations are offering money to aid in the assistance to the people in Haiti following the earthquake. Given the pre and post earthquake political climate in Haiti, is the money really arriving to assist the people who need it? Or is this another example of the Tsunami from 2004 where many people sent money and many people, organizations, and governments pledged money, but did not follow through or the money was not used for its intended purpose? Is there more to the earthquake than what the general public knows or will know? Thank you, Tami Urbanek, Monument, CO

Jonah, As you have predicted on several occasions, there are coming to our country (US) times of very oppressive policies and even compulsory procedures designed to control the masses. If one makes what one believes to be prudent decisions to not participate in those circumstances by leaving this country to live in another, how can one determine the difference between reasonable actions to avoid these things and actions that are just "escaping"? It seems that this can be a very fine line. Richard Morrissey, Boulder CO

Dear Jonah, If wars are planned by the elite and so are economic crises, could it be that natural disasters are influenced and/or created by the elite as well? Thank you! Jackie Lloyd, Ramona, California

Dear Jonah, In the shame syndrome message you list three most likely places in the body that store shame. Could someone also carry some shame in all three? And if so, what would be the best method to healing that- start with the most common point you mentioned and then move to the next? Thank you so much! Jackie Lloyd, Ramona, California

What is a mentor? How does it compare to being a friend? How does one who has not mastered life share with one they are mentoring in a way that honors the child and self? Sharon Soldi, Ramona, California

In your "The Shame Syndrome" CD, you mentioned that shame can be hidden mainly in three parts of the body. Is it possible that it is hidden in ALL THREE parts at once? What do these three areas represent, in terms of healing the shame syndrome? Thank you very much for your assistance,  
Sharon Soldi, Ramona, California

Jonah, one person completes their 30 day core belief plan and it is fully healed. Another completes their 30 day plan and there are remnants. What is the cause of the remnants? What did the two people do differently? Thanks,  
Matt Spaeth, Lyons, Colorado

# Questions

Thank you for sending in your questions for the Jonah Newsletter. Please continue to send in your questions. Your questions and Jonah's answers are a great teaching tool for many. Send your questions to; [Hossca@aol.com](mailto:Hossca@aol.com)

With Love and Light

Hossca and Rebecca Harrison

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