



Discovering An Adventure Called Life



Hossca Harrison

March 15<sup>th</sup> 2009 Issue

# Newsletter

## Notice

We are sending out this Newsletter early because we will be out of the office for the next several weeks.

## The Next Intensive

Spring Intensive May 15, 16, & 17, 2009  
Denver, Colorado

# IN SEARCH OF MYSTICISM

EMPOWERING AND EXPERIENCING  
THE LAWS OF ABUNDANCE

## LEARN TO CREATE YOUR OWN MYSTICAL EXPERIENCE AND REALITY

### MYSTICISM IS THE NATURAL WAY TO CREATE WITHOUT PAIN

For More Information go to the Intensive page at

[www.Jonahlifeinstitute.com](http://www.Jonahlifeinstitute.com)

## Jonah's Newest Messages

### MONSTERS

This 70 minute message was edited from Jonah's Intensive, "Let the Journey Begin." This is a powerful message about monsters, real or imagined. What monsters might we have hidden in our mind? Jonah goes into the history on how the elite have and still use monsters to create conformity.

### EARTH'S MESSAGE

In this message Jonah speaks as it is. The earth has a message and the message will be delivered. Humans have a choice to listen. What has long been hidden can no longer be hidden. This is a very strong, straight forward message by Jonah. What you have not heard you need to hear. This message involves your life.

To order go to Products page on [www.Jonahlifeinstitute.com](http://www.Jonahlifeinstitute.com)

## Life Energy Flow Tai Yi School of Healing

We have added many new subscribers to our newsletter within the last few months. Some have been asking about and what is **Life Energy Flow Tai Yi**

**School of Healing?** This school was founded by Hossca in the mid 90's. Hossca wrote an article about Tai Yi in his book "Tide of Change." The article can also be e-mailed to you, upon request, by e-mailing [Hossca@aol.com](mailto:Hossca@aol.com). Life Energy Flow Tai Yi is the most involved hands on healing modality today. It is also the most powerful, when used correctly with your full abilities, in healing. There are 4,000 exercises, of which about 400 have been taught so far. Life Energy Flow Tai Yi School of Healing is the only school teaching and certifying Tai Yi practitioners. Many students have set up their own Tai Yi practice and are assisting many in the United States and Europe. A question asked from time to time is, how can I become a student of the school? At this time the school is full, but we do occasionally have an opening. But please be aware, this is not a casual learning experience. This is an intense, learning program that requires commitment from yourself, in using your healing abilities. Classes are held four weekends per year, in the months of April, June, August, and November, making a total of eight days per year. Additionally, you are encouraged to practice regularly with your classmates. If you desire to learn more or be put on the wait list for future students, please e-mail [Hossca@aol.com](mailto:Hossca@aol.com).

## Jonah Question and Answer

**Jonah, I have noticed quite frequently that there are many twins, triplets and other multiple births happening in the last 12 months. This seems to be happening far more often that I recall in the past. Are multiple births a blessing? What is happening in the universe that there are so many multiple births? What is the effect of this situation? Dore E. Frances, Bend, Oregon**

What ye call multiple births (twins) have risen and fallen throughout your history. This is natural. What ye call multiple births meaning 4, 5, 6, or 8 births, are often a result of medical intervention and manipulation. What is happening in the universe? Well for goodness sakes, it is happening here on your earth. Ye live in an addictive society. There is such as, a child birth addiction. Ones can and do become addicted to having multiple births. We find this addiction increasing and will continue to increase, until a balance is restored on your earth. Children born to loving parents are indeed a blessing to parents. Children born to non loving parents are not...Jonah

"Dear Jonah,

**If the majority of people are waiting, and wishing for, and calling for a savior to come and fix everything and punish the evil-doers, what exactly does that thought energy from the mass consciousness create in the physical plane? Thank you!!" Jackie Lloyd, Ramona, California**

Indeed! Listen to our upcoming message **"Individuality."** (*This message should be available on CD format the first week of April*).

**Jonah, I have been reading about nano-silver particles that are being put in many consumer products such as electronics, children's toys, clothing, appliances, body care products, etc. The purported purpose for using nano-silver is for its germ-killing properties. Would you speak about this and how it affects us, please. Thank you, Jenavie Brandt, Divide, Colorado**

It is used for its germ killing properties. Silver has been used to fight infections and reduce spoilage, since the time ye call ancient Greece. Using this on a mass level, will continue to bring about an increase of what ye call super germs, super viruses, and super illnesses. Ye seek to live in a sanitized world without a sanitized mind or emotions. This will create a greater imbalance in the immune system of the body...Jonah

**Jonah, why are there so many people gluten free now and many articles being written about how gluten can be harmful. What is in gluten that can affect our bodies including the brain? Could you also tell me what the emotional factor is when someone needs to be gluten free? Glenda Lynn, Broomfield, Colorado**

What ye call gluten, is a protein from grains called rye, wheat, and barley. There are ones who have developed an allergy, indeed some a disease called celiac. This can cause an electrolyte absorption difficulty also affecting the function of the brain. Although humans have eaten these grains for many millenniums without creating disease, it is now different for humans as to what they eat, and how it affects the body. Genetic modified food is a primary cause at this time. Listen to our message **"Genetic Plague."** Eating an unbalanced diet is a cause at this time. Taking many drugs into the body is a primary cause at this time. Emotional stagnation, not allowing one's self to fully experience their emotions, is a primary cause at this time. What do ye take into life ye are not able to digest? What patterns keep ye in the old digestion?

**Jonah, when someone is releasing their core beliefs and their monsters why does it feel so lonely and frightening including creating pains in the**

**body and a sense of confusion in the brain? Thank you. Glenda Lynn,  
Broomfield, Colorado**

Beloved, the simplistic answer is, it does not create a lonely and frightening energy, pains in the body or confusion in the brain. We well understand ones are working at releasing their core beliefs, but with much tension and anxiety. Sit back relax, take a deep breath. We well understand there are ones who profess it will take much painful work to release a core belief or monster, this is not so. What is of import to understand when ye are releasing a core belief, do not develop another belief this is going to be painful. Do not accept from others it is hard and most likely cannot be done. When our message is listened to, and the steps are used and not omitted, it is an easy process. It is not recommended to go to others using our message "A Belief Worth Dying For", unless they have in totally, released their core belief. Ye will know this not by their words, but rather by their actions. Be cautious not to create karma here. Listen to our message [Karma For Sale](#)...Jonah

**Why is it easier to see other people's issues than our own? Sharon Soldi  
Ramona, California**

We have used a metaphor for many years. We shall use it again. There are only 7 souls on earth; the rest is done with mirrors. When ye see an issue in another that disturbs ye, know this; it is your issue. Learn compassion and ye will learn to see your own issues without pain...Jonah

## Questions for future Newsletters

**"Dear Jonah, How will ones create a world religion, based on the concept of conformity that will be acceptable to the many different, tightly held religions that exist in our world? How can one belief system encompass the often opposing belief systems of the various religions? Thank you for your assistance!" Jackie Lloyd, Ramona California**

**How can one tell when they have healed their childhood failure to bond?  
Linda Masterson, Portola Valley, California**

**Jonah**

- 1. If one has not bonded with one or both parents what is the best way to heal that lack of bonding as an adult?**
- 2. If one is working with children who have not bonded with a parent how can I best assist them in bonding? If the child has gone to another family, what would your advice be to help that child bond**

with their new family and their new family to bond with them.

3. If the neuro pathways are already set in the brain, and the child has not bonded, what would serve them... adding new additional neuro pathways .... or with the shift in consciousness will the original pathways come into alignment with the new consciousness?

Thank you so much, Lyndia Storey

Jonah, you said that the Land of the Eagle (U.S.) represents Atlantis. What does the land of the Bear represent?... and the land of the Dragon, what does it represent?

Thank you, Lance Leonard

Jonah, do angels and guides have access to the same information when they are assisting humans? And why do the yogi's spin clockwise and the dervishes spin counterclockwise? Does it create the same outcome?

Thank you, Kathleen Daly, Denver, Colorado

You mentioned that the 3<sup>rd</sup> dimension is for animals. I've also heard that animals can come from other higher dimensions. Will you expand on this? Why do they do this and are the ones that do this a different type of animal? Sharon Soldi, Ramona, California

What is the difference between discipline and devotion in terms of how we approach our healing and bring forward our abilities? Sharon Soldi, Ramona, California

When I think of a "teacher" or "those who come to assist," it has a feeling of separation on it – for example "a teacher" is separate from "an individual the teacher is assisting." How can I shift my perception of a "master" or "teacher" to be more in line with the concept that we are all one? Or how can an individual feel at one with those of a lower vibration and vice versa? Is it to remove judgment? Sharon Soldi, Ramona, California

Jonah I would like to better understand your statement "Friends of the heart will never depart, but friends of the mind will scatter with the wind." What if you have a friend that comes into your life, leaves, comes back, leaves again. I know it is the energy both carry that brings them together and then apart, but how do you know if they are from the heart if they keep leaving. What about friends from an earlier age or a location one lived in before. When you were with them they felt like friends, but the friendship did not continue through time or distance. Does this mean they were not

from the heart? Can it be a one sided heart connection, or to be friends of the heart it takes both people? How do you know for sure if it is a friend of the mind, given the circumstances I mentioned above. Thanks, Janette Dean, Victor, Colorado

Jonah, during this period of transition and the fear ones hold are there more alien abductions then what usually goes on? Do abductions usually happen around 3:00 AM? If one were abducted does this mean they have an activated implant? If one thinks they have lost time between 3 and 5 am is this an indication of abduction? Is holding self with unconditional love the best way to cease abductions? What other information if available at this time? Thanks, Janette Dean, Victor, Colorado

## Questions

Thank you for sending in your questions for the Jonah Newsletter. Please continue to send in your questions. Your questions and Jonah's answers are a great teaching tool for many. Send your questions to;

[Hossca@aol.com](mailto:Hossca@aol.com)

Autumn 2009

Intensive Date

The Jonah Intensive

Denver, Colorado

Title yet to be announced.

Autumn Intensive September 25, 26, & 27, 2009

With Love and Light

Hossca and Rebecca

*Jonah Life Institute llc*

[www.Jonahlifeinstitute.com](http://www.Jonahlifeinstitute.com)

Life Energy Flow Tai Yi School of Healing

PO Box 250

Divide, CO 80814

719-687-7676

[Hossca@aol.com](mailto:Hossca@aol.com)

It is our policy to only send this newsletter to those who have requested to be on our mailing list. If you have received this newsletter in error or wish to be removed from our mailing list please e-mail [Hossca@aol.com](mailto:Hossca@aol.com) and put cancel in the subject line. Your e-mail address will be removed.

**Jonah Life Institute does not share or give information about you to anyone at anytime for any reason. Your name, address, phone, and purchase history is held in strict confidence.**