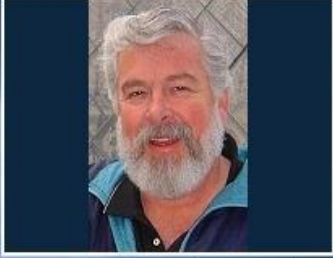


Hossca Harrison



*Spiritual Counseling
Seminars and Groups
Healing School
CDs and Books*

Jonah
LIFE INSTITUTE llc

Founder, Speaker, Author, and Medium

April 1, 2010

Newsletter

Hossca Interview

Hossca will again be on The Eldon Taylor Provocative-Enlightenment Radio Show, Tuesday May 4. The show will be about politics in spirituality and discuss the changes of our time, including Jonah's understanding of the ultimate game, the true agenda. The interview can be heard live worldwide at 11:00 AM Pacific Standard Time on the following link.

<http://www.eldontaylor.com/provocative-enlightenment-radio-show/>

The Next American Jonah Intensive

Denver, Colorado

TRANSCENDING
THE
SHADOW
OF
HUMAN EXPERIENCE
Healing the Whole

May 21, 22, 23, 2010

TOPICS TO BE COVERED

JUST WHAT IS THE SHADOW AND HOW IS IT CREATED?

HOW THE ELITE USES THE SHADOW TO CREATE CONFORMITY.

**JONAH WILL TEACH THE ART OF MOVING BEYOND THE
CONSCIOUSNESS OF EMOTIONAL, MENTAL, AND PHYSICAL PAIN.**

**A TEACHING TO END THE HAUNTING, FEARS, AND DISEASES
CAUSED BY THE SHADOW.**

JONAH WILL TEACH ABOUT THE 12 BODIES EACH ONE HAS.

**THIS INTENSIVE WILL INCLUDE CRITICAL INFORMATION FOR
HEALERS AND THOSE WORKING ON THEIR OWN PERSONAL
HEALING.**

**JONAH WILL TEACH HOW TO SEARCH FOR THE DENIAL OF
HEALING PROGRAM HIDDEN IN THE BODY.**

FOR MORE INFORMATION AND TO REGISTER GO TO
WWW.Jonahlifeinstitute.com

The Next European Intensive
*WALKING OUT OF THE
SHADOW OF PAIN*
SWITZERLAND

July 24 & 25, 2010

For more information contact Ioanna Golfiopoulou in Athens at 210-6778216

Jonah's Newest Message

SPEAKERS FOR THE ELITE

Jonah's message "Speakers for the Elite" is in part a continuation of "Nature of the Beast." In this message Jonah goes into much detail about the Elite; who they are, where they came from, and just who and what the Speakers are he referred to in "Nature of the Beast." This is not a message about surviving, but a message on how to thrive.

NATURE OF THE BEAST

Jonah's message "**Nature of the Beast**" is a message for deep understanding of the nature of your makeup. Jonah explains why there is no contradiction between evolution

and spirituality. Why do humans carry such strong emotions of anger, hatred, desire for war, and the desire to inflict self punishment? Jonah explains the difference between the 3rd and 4th dimension and where humans (the human body) came from. This is a powerful message to understand why you are the way you are with a sense of peace, and why you have the power to change it. Caution, this message may push your beliefs.

**To order online go to Products page at
www.Jonahlifeinstitute.com**

OR

Request the order by check mail order form. E-Mail Hossca@aol.com and put Check Order Form in the subject line. We will send you the CD order form.

A Message from Hossca

Dear Friends, I am back at my computer after returning from Greece and Egypt. It was wonderful meeting old friends again and making new friends at the Intensive in Greece. I look forward to our return to Greece and perhaps seeing some of you again this summer, at the Jonah Intensive in Switzerland.

We have added many new subscribers to our newsletter this past month, welcome. The following article is a continuation of articles on healing. If you desire to read past articles you can go to www.Jonahlifeinstitute.com and click the menu bar Newsletters. Past Jonah Life Institute Newsletters are available as a free download.

In 1985 my Chinese Teacher began teaching me the more advanced levels of Life Energy Flow Tai Yi. This presented the opportunity to work on many different people, from all walks of life. It seemed every time I worked on someone, I would have a new set of questions for my teacher. People with the same issues seemed to come in groups, as if they were presenting me with issues to study. After each encounter with a particular group of consciousness, my teacher would work with me to develop a deeper understanding of the issue and how it developed.

During this time, the group consciousness seemed to be denial of healing. On my next visit with my teacher in the sacred cave he said, "No lessons today, we go for walk and we talk."

We walked down the mountain side to a large, flat rock overlooking a beautiful lake. The rock was surrounded by many lavender colored flowers, while a gentle breeze filled the air with their fragrance. In his broken English he said, "I teach you denial. What you see around you?"

I answered, "I see the lake, flowers, and trees. I see much beauty."

"You close eyes," he said.

I closed my eyes and heard a strange sound, not unlike someone scratching their fingernails on a chalk board. "Now you open eyes."

I opened my eyes and was shocked to see a very different scene. The lake was gone and in its place were mounds of trash. The trees and flowers were gone, dried out soil surrounded the rock we were sitting on. The only thing that looked the same was the flat rock. "How did you do this?" I asked.

"I not do this; you do this with your brain. I put belief of denial in your brain, so this what you see."

"Were the lake, trees, and flowers real?" I asked.

"What real? What you want to be real?" he asked.

"Beauty," I said.

"You close eyes now."

I closed my eyes and heard a sound like water in a creek, flowing over rocks. "You open eyes now."

I opened my eyes and the lake, trees, and flowers were back as it was before. "So what was real?" I asked again.

"What real to the heart is this," pointing his hands to the lake, trees, and flowers.

"So why did the other image seem real?"

"Because it real to ones who carry denial of healing."

I was beginning to see the picture he painted for me. Those in denial, see a very different reality than those who do not carry denial. "So ones who are in denial of healing, do not see what needs to be healed," I answered.

"Yes, many walk about in secret pain."

"Secret pain?" I asked.

"Yes, secret to them. One will carry pain and denial of healing, and not know consciously they are in pain," he explained.

“Would they feel anything?”

“Yes, they feel hopelessness, depression, fear, and anger, therefore that is what they experience. That experience became real to them, just as the trash and sand with no trees and no flowers became real to you. I give the belief of denial to your brain, so you see what others see and feel. They not know what is real,” he said.

“So this is just like what the reporter told me a few weeks ago.”

He smiled and said, “Yes.”

I had thought back a few weeks ago, when I was interviewed by a reporter. He had just returned from Montana, doing an article on a series of cattle mutilations occurring there. The reporter shared with me the interview he did with a veterinarian, who was called out to many different locations where cattle had been mutilated. The reporter told me at the end of the interview, he asked the veterinarian if he thought UFO’s were involved. The veterinarian thought for a few minutes and said, “No, I cannot allow myself to believe this.”

“What do you mean?” he asked.

The veterinarian said, “If a UFO landed in front of me and I could walk up and touch it, I would have to deny its existence.”

“Why?” the reporter asked.

“If I allow myself to believe in such a thing, I would have to deny just about everything I believe in. It would shatter my life. I could not allow this. So no, UFO’s were not involved.” I shared this with my teacher and he just smiled, as usual he already knew of my experience.

“Denial of healing is very predominate in your world. Yes, many may come to ease pain, but even the pain is not the real pain, but referred pain. That way, no healing occurs. Look at your teacher, the Jonah. He teach a subject and how often do the ones who need to learn it the most, are the ones who are not there learning. Many in their denial do not see this; they see a different reality, a different world.”

Just at that time, I thought of a man who came to see me about a month before. My teacher smiled and said, “Yes, perfect example.”

The man, I will call George, came to me for headaches. When he laid on the massage table face down, I saw the back of his neck. He had a large, black growth on his skin, which looked much like skin cancer. “Do you have skin cancer?” I asked.

“No, why would you ask?”

I said, “There is a large, black growth on the back of your neck.”

"There is not." He put his hand on the spot and said, "I do not feeling anything," when obviously the dark skin was very rough.

"Go in the bathroom and look in the mirror," I said.

He got up, looked in the mirror and came back saying he could not see anything. I asked my teacher if I was seeing something in the future and he said no. He indeed had skin cancer, but would not see it or feel it, he was in denial.

"How does one know they are in denial?" I asked.

"They need one who is not in denial to point it out. Sometimes they will listen, sometimes they will not. Sometimes they wait for the pain to be great, before they search," he said. "I now go eat my rice. You go home."

"Is that all you eat?"

He laughed and said, "That all I eat, when that is what I like to eat. Health start here," pointing to his head, "not here," pointing to his stomach...Hossca

To learn more about denial, I would recommend Jonah's message on CD "[Psychology of Denial](#)" and the [Spring Intensive "Transcending the Shadow of Human Experience Healing the Whole."](#)

Jonah Question and Answer

You have spoken to me of going into the Void. A Course in Miracles and some other teachings seem to be directed at what is referred to as "the undoing of the mind." Is this the same as going into the Void. I have found myself drawn toward advaitist (non-dual) teachings, as well. Are any of these useful tools for going into the Void? If so, which ones? If not, what tools or approaches support going into the Void? Linda Masterson, Felton, California

Indeed, going into the void is similar to what ye call "The undoing of the mind." Going into the void, is releasing your preconditioned beliefs to allow the higher self to be the total influence over the lower self. There are many different ways to achieve this, healing your core belief, learning compassion on yourself so ye may develop passion, healing your shame, indeed healing the shadow ye have created...Jonah

Jonah, is it true that the elite staged the whole 9/11 catastrophe in order to just change the face of fear? Did the government know and if yes what was the extent of

government involvement? Also, I don't understand how the elite knows so much about the human psyche and yet use the knowledge to instigate fear and maintain control instead of inspire growth? I mean, OUR growth is assisted by knowledge of the Self, right? OUR growth is based on knowledge of our mind and emotions. So how come THEIR knowledge brings about stagnation, fear and resistance instead of growth? Knowing so much, the elite gives me the impression that it consists of beings quiet developed spiritually or how did they ever get to understand our mind so well as to manipulate the masses, if they are not spiritual? I can only guess that they may have somehow acquired their higher knowledge without effort. As if it was readily available to them without them needing to do the work to acquire it by themselves. Someone offered them the end result without them needing to undergo the journey to that end? Who did and in exchange of what? Thank you, Cornelius Savopoulos, Boulder, Colorado

Well for goodness sakes, so many questions but only in need of a few answers. That ye call 9/11, was indeed known by many before it occurred. This is no different than the elite and the leader of your government, knowing in advance of what ye call attack on Pearl Harbor. That attack was allowed so ye could go to war. Indeed, that ye call 9/11 was allowed so ye could go to war, and passively allow the removal of your freedoms. There is a great misunderstanding of the opposite polarity. That one would call the negative forces, the ones of darkness, ones we shall call those who oppose freedom to follow the heart, those who oppose connecting with the higher self, those who oppose individuality and true creativity. Your misunderstanding is your belief the opposite polarity is not intelligent. A master of the opposite polarity is very intelligent, indeed, can be very psychic in the use and manipulations of energy and control of the mind. Never underestimate the intelligence of the opposite polarity, the intelligence of the shadow of human nature. Be aware of this truth, ye are not victims of the opposite polarity. Indeed, ye need to ask yourselves, meaning humanity, why are ye so passive in allowing others to control ye? As we spoke in Greece, ye knew ye were at war when ye could see the tanks in your streets and soldiers walking into your homes. Have ye been conquered again? Has your passive nature allowed for ye to be conquered again? What country shall have dominion over your monies, your taxes, indeed your freedom? Indeed, we will be speaking of the opposite polarity, and its plans for the American government through the creation of the shadow, in our next American Intensive...Jonah

Dear Jonah, how organized is the Elite? Are you referring to the ruling elite from Atlantean times, the ones that don't die, the ones who put their consciousness into new bodies when the old ones wear out? What is the intelligent energy that is connected with the true elite? It's an ancient and highly intelligent, very cold and heartless energy and intelligence with the ability to see past and future. What IS that? Furthermore, I thought I have met members of the elite in society and politics-and most of them don't embody this ancient calculating and cold intelligence quality that I'm referring to, so maybe they are speakers and in fact not the elite themselves? How hidden are the elite? As always, thank you for the gift of clarity! Jackie Lloyd, Ramona, California

Indeed, another question about the elite. It is so; the elite do carry cold, heartless energy with great intelligence, and yes, the ability to see past and future. They have the ability to influence ones from hearing messages of freedom, messages of how powerful ones truly are, messages on loving self. The elite encourage ones to be passive, to doubt truth, and accept falsehoods that inspire spiritual slavery. Indeed, we will be speaking much on this in our next American Intensive. Our message will carry the energy to move those who are tired of being passive and those who carry the desire to heal the core...Jonah

Questions for future Newsletters

Dear Jonah,

When you have a loved one in your life who is in physical or emotional pain and either not healing at all or working on their healing on the surface, how does one be ok with their choice? How do you remain focused on your own life and still support and love your loved one's choices without it affecting you?

Thank you for your wonderful teachings. In Gratitude, Debbie Norum, Woodland Park, Colorado

Dear Jonah is hypnotherapy an effective tool to heal our most deeply held negative beliefs? Can hypnotherapy be a tool for PERMENANT change and healing? Thank you for all of your love, support and teachings.

Anna Francis, Denver, Colorado

Dear Jonah,

Many people and organizations are offering money to aid in the assistance to the people in Haiti following the earthquake. Given the pre and post earthquake political climate in Haiti, is the money really arriving to assist the people who need it? Or is this another example of the Tsunami from 2004 where many people sent money and many people, organizations, and governments pledged money, but did not follow through or the money was not used for its intended purpose? Is there more to the earthquake than what the general public knows or will know? Thank you, Tami Urbanek, Monument, CO

Jonah, As you have predicted on several occasions, there are coming to our country (US) times of very oppressive policies and even compulsory procedures designed to control the masses. If one makes what one believes to be prudent decisions to not participate in those circumstances by leaving this country to live in another, how can one determine the difference between reasonable actions to avoid these things and actions that are just "escaping"? It seems that this can be a very fine line. Richard Morrissey, Boulder CO

Dear Jonah, If wars are planned by the elite and so are economic crises, could it be that natural disasters are influenced and/or created by the elite as well? Thank you! Jackie Lloyd, Ramona, California

Dear Jonah, In the shame syndrome message you list three most likely places in the body that store shame. Could someone also carry some shame in all three? And if so, what would be the best method to healing that- start with the most common point you mentioned and then move to the next? Thank you so much! Jackie Lloyd, Ramona, California

What is a mentor? How does it compare to being a friend? How does one who has not mastered life share with one they are mentoring in a way that honors the child and self? Sharon Soldi, Ramona, California

In your "The Shame Syndrome" CD, you mentioned that shame can be hidden mainly in three parts of the body. Is it possible that it is hidden in ALL THREE parts at once? What do these three areas represent, in terms of healing the shame syndrome? Thank you very much for your assistance, Sharon Soldi, Ramona, California

Jonah, one person completes their 30 day core belief plan and it is fully healed. Another completes their 30 day plan and there are remnants. What is the cause of the remnants? What did the two people do differently? Thanks, Matt Spaeth, Lyons, Colorado

I have been receiving your newsletters for about two years now and I always await to receive them as a source of information, wisdom and encouragement.

I must say that sometimes when I read the newsletter it seems to me like you're referring to a reality that is more appropriate to the US or Europe. Or maybe it is just a self-deception. Or maybe it is a reality we are heading to, since there are more and more kids with bipolar disease, ADD, or other new illnesses. People may not take as many drugs here (Mexico) as in the U.S. but they're definitely taking more and more -- both medical and illegal.

1) Since we are all in a sea of oneness, when a person hurts an animal, are they creating karma? In what way? I'm not a person who treats animals as if they were my

kids. I love them, respect them and try to do no harm but it's hard for me to believe how some people can be so cruel to them.

2) I understand that by raising our level of awareness we will have a more developed ability to understand life and love. I notice you refer a lot to people who have children or work with children but, in what way does this apply to a person whose job is not related to educate or heal people? Since I teach adults I don't feel I'm "raising" them but rather getting to know them. Sometimes I feel I ought to teach them something "else" besides my subject. Or am I just pushing too hard on myself since I am also a learner of life?

3) A few weeks ago 15 teenagers were murdered by members of a drug cartel in Juarez, Mexico. For me as for many people here it was devastating news. I felt very frustrated and for some reason extremely sympathetic to them and their families. It's been very hard for me to understand that event besides what is said in the news and the obvious relation to the drug war currently going on in Mexico. What is there to learn about this?

4) This question just came up. Is the Elite related to the current "drug war" in Mexico? I believe they are but is there something else you can add? How can we contribute to making this country and world a safer place to live? Victor Ramirez, Puerto Vallarta, Mexico

Jonah, can you please share with us if there's any way to tell the difference between a past life memory, a fantasy, symbolic messages or regular nighttime dreaming? As always, thank you for your support! Jacqueline Lloyd, Ramona, California

Can you please tell us what you would say the best way to treat seasonal allergies is, without the use of medicine? This afflicts so many of us. Srim Placides, Columbus, Ohio

Questions

Thank you for sending in your questions for the Jonah Newsletter. Please continue to send in your questions. Your questions and Jonah's answers are a great teaching tool for many. Send your questions to; Hossca@aol.com

With Love and Light

Hossca and Rebecca Harrison

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