



Discovering An Adventure Called Life



Hossca Harrison

*April 15<sup>th</sup> 2009 Issue*

# Newsletter

*The Next Intensive*

Spring Intensive May 15, 16, & 17, 2009  
Denver, Colorado

## IN SEARCH OF MYSTICISM

Jonah will give a 5 part self test, to determine the strength of one's desire to heal. This self test will assist one to bypass their belief system and come to know where their barriers to healing might reside.

Your answers may surprise you.

This is part of understanding true mysticism.

For More Information and to register for this Intensive go to the Intensive page at

[www.Jonahlifeinstitute.com](http://www.Jonahlifeinstitute.com)

# Jonah's Newest Message

## INDIVIDUALITY

This message is about creativity and abundance through individuality. Many think of themselves as being their own individual, but their programs can lead them on a life of being someone else. In this message, Jonah will address those who have difficulty in creating their own reality with joy and abundance. This is a powerful message, for those who want to know if it is their own individuality they are embracing.

To order go to Products page on [www.Jonahlifeinstitute.com](http://www.Jonahlifeinstitute.com)

## Jonah Question and Answer

**"Dear Jonah, How will ones create a world religion, based on the concept of conformity that will be acceptable to the many different, tightly held religions that exist in our world? How can one belief system encompass the often opposing belief systems of the various religions? Thank you for your assistance!" Jackie Lloyd, Ramona California**

Beloved, one can look at history to see how this is accomplished. Indeed, look at your history of Emperor Constantine. During his time war was occurring between different Christian sects and the Pagans. He created the Council of Nicea, which brought about an agreement and blending of the two religions. Christians took part of the Pagan religion as their own, such as, what ye would call Christmas and Easter. Pagans took on part of the Christian religion thus forming a single religion. Christians will state they won. Pagans will state, they won the execution of their beliefs to form a new religion with the old names. This is but one small example. Many religions have similar roots of history. Indeed, Islam's history takes on part of Christian history; Christian history takes on part of Hebrew history. Many religions also take on part of the ancient gods of Greece. An example is the ancient Greek God Zeus, who is similar in appearance and demeanor to the current Christian God. There are many similarities between religions; bring those similarities together to a war weary world, ones will begin to accept a world religion.....Jonah

**Jonah how can one tell when they have healed their childhood failure to bond?**

**Linda Masterson, Portola Valley, California**

Indeed, they are able to bond. They are able to feel, they are able to love and receive love. They stop running away and learn to commit to their pathway. Ones who have not learned to bond will continue to carry anger and look at others as their reason for pain. When one can bond, they find and live peace...Jonah

**Jonah**

- 1. If one has not bonded with one or both parents what is the best way to heal that lack of bonding as an adult?**
  - 2. If one is working with children who have not bonded with a parent how can I best assist them in bonding? If the child has gone to another family, what would your advice be to help that child bond with their new family and their new family to bond with them.**
  - 3. If the neuro pathways are already set in the brain, and the child has not bonded, what would serve them... adding new additional neuro pathways .... or with the shift in consciousness will the original pathways come into alignment with the new consciousness?**
- Thank you so much, Lyndia Storey**

Indeed again bonding, wonderful questions. If one has not bonded with their parents, the root cause must come to be understood. Many hold their parents to blame for their anger, depression, and lack of love. Indeed, this may have occurred in one's childhood. The parents may have been angry, depressed, and lacking love. For healing to occur, one must come to the point of ceasing to blame the parents and take responsibility for their own life. By continuing to blame the parents, one continues living and reliving the pain of their childhood. Even if one is still a child, it is to assist the child to find a loving environment. We well recognize this is not feasible for all in your society. Not all desire healing, some are locked in a karmic wheel of pain. Neuro pathways can be changed through healing and the movement of consciousness. Indeed, energy healing can assist in this process of change. If one is an adult still in their parent's painful control, or a child, one must learn and live individuality for the sake of healing. Listen to our message **Individuality**. Are ye ready for the deeper work of healing? Are ye ready to take the next step, or are ye ready to let go of what you have achieved, because you fear the next step? One needs to ask the question, "How committed am I to my healing?"...Jonah

**Jonah, do angels and guides have access to the same information when they are assisting humans? And why do the yogi's spin clockwise and the dervishes spin counterclockwise? Does it create the same outcome?  
Thank you, Kathleen Daly, Denver, Colorado**

Angels and guides, for goodness sakes. The word angel means messenger, guide means one who assists. Guides may have a more intimate relationship with the person, thus giving advice more easily understood. Listen to our message [Angels](#). If ye are seeking to go to one in the physical, what matters the most is the clarity of the person. Do they have their filters in the way? Do they have an agenda in the way? Do they have a stake in the outcome? Do they want to please the ego, for the sake of is it good for business? Listen also to our message [Finding a Teacher](#)...Jonah

Yes, the spinning, clockwise and counter clockwise. Each group desires their own, both are a benefit when one desires this form of movement. Counter clockwise the energy moves from the center, this allows for death, meaning the death of the old. Clockwise the energy seeks to move to the center, which causes compression, which causes heat and light energy. Both represent duality, positive and negative. If one is to practice spinning, it is wise to practice both to create balance...Jonah

**You mentioned that the 3<sup>rd</sup> dimension is for animals. I've also heard that animals can come from other higher dimensions. Will you expand on this? Why do they do this and are the ones that do this a different type of animal? Sharon Soldi, Ramona, California**

Indeed, we have stated the 3<sup>rd</sup> dimension was intended for the animal kingdom, not for humans. It was intended for the animal kingdom to evolve and move into higher dimensions through spiritual evolution. Animals that have evolved may indeed return to the 3<sup>rd</sup> dimension and assist both humans and animals. Just as humans can come from higher dimensions to the 3<sup>rd</sup> dimension, to assist humans and animals...Jonah

**Jonah I would like to better understand your statement "Friends of the heart will never depart, but friends of the mind will scatter with the wind." What if you have a friend that comes into your life, leaves, comes back, leaves again. I know it is the energy both carry that brings them together and then apart, but how do you know if they are from the heart if they keep leaving. What about friends from an earlier age or a location one lived in before. When you were with them they felt like friends, but the friendship did not continue through time or distance. Does this mean they were not from the heart? Can it be a one sided heart connection, or to be friends of the heart it takes both people? How do you know for sure if it is a friend of the mind, given the circumstances I mentioned above. Thanks, Janette**

## **Dean, Victor, Colorado**

Indeed, we have stated and will continue to state, "A friend of the heart will never depart, but a friend of the mind will scatter as the wind blows." Ye ask that a friend can come into one's life, leave, come back, leave again. Well for goodness sakes. If it had just been a friend of the mind, perhaps they would never have come back. A friend of the heart is an eternal energy. Human perception of time is limited; it has a difficult time seeing beyond physical time of days, weeks, years. A true friend of the heart may show up at critical times in one's life, to assist one through their despair or health issues. Perhaps they came back into their friend's life to assist them in continuing in the physical. Then it is time to move on. This does not mean the friend of the heart has ended, but perhaps the deep level of assistance may not be needed and the friend moves on to assist others. If a friend of the heart comes into your life and assists in one's healing of the physical, mental, or emotional and then moves on, it is not to judge the moving on, but rather see the love that assisted during the time of need. Perhaps a friend of the heart will show up in many life times to assist for a time, perhaps it is once a life time, perhaps more, perhaps once every few life times. The point being they are still an eternal friend of the heart who has assisted for a time. It may be the next life before they assist again... Jonah

**Jonah my question has to do with the traditional ways of healing that no longer support us. What about shamanic healing approaches like soul retrieval or being into a state of a shamanic consciousness through postures and music? Can we call these types of healing procedures traditional? I would like your comment on this tradition which, as I discovered existed also in the prehistoric times in Greece. Thank you again. Sophia Tsoumaki, Athens, Greece**

True shamanic healing also called mysticism, changes with the consciousness. If one attempts to return to the same old ways of shamanic approach or mysticism, it will keep one in the old. When this occurs it is no longer shamanic healing, but rather shamanic suppression. This will be discussed in our message **"In Search of Mysticism."** Soul retrieval is not from ancient mysticism or ancient shamanic healing. One does not lose a part of their soul. Indeed, the soul is not something one can cut a part off and lose it. For goodness sakes! One can suppress a part of themselves in one or more of their seven bodies, as ye would call it. When a part is suppressed, it is not to be perceived as lost somewhere. Some teach the God of Hades is holding hostages or parts of one's soul in torment. This is an attempt to hold onto old religious beliefs and put them into new age doctrine. One can change the words; it does not mean it changes the energy from old age to new age. Be not fooled by superstitions of the old Gods...Jonah

**Jonah, since the uprising of the youth of Athens there has been a lot of confusion, discussion about Socrates. The belief being promoted by the government is that Socrates drank the hemlock as an example that one should obey the law. Another belief is that Socrates was trying to transcend the effects of hemlock as a final initiation to mastership. What was the mentality of Socrates? Why did he choose to drink the hemlock? Also was Socrates Skakus as written in Nine Faces of Christ? Thanks Joseph Armeanio, Divide, Colorado**

Well for goodness sakes, the elite executed this one and now the elite wants to change what and how this one taught. There is more misinformation on this one than correct information, in what ye call history. The one ye call Socrates did not die to obey the law. This one did not die for his beliefs, but rather chose to honor his knowingness. This one was charged for corrupting the youth of Athens. The true charge, was teaching the youth of Athens to stop giving their power away to the false gods of the time and the elite. The ego of the elite felt disempowered by Socrates' teachings and wanted him punished. Socrates chose to remain and honor what he had taught, not run away and hide. This would have created a teaching to be ashamed of one's life, of one's teachings. Socrates knew he was preparing to leave the physical soon. The execution of this one did not interfere with his purpose of teaching freedom from government and religion. He did not see, nor did he believe he would transcend the effects of the hemlock, nor did he believe this was his final initiation to mastership. The soul known as Socrates indeed, was not the one spoken of as Skakus. There are many truths in this book. This is not one of them. Through his wisdom, he knew that his death would allow his words of wisdom to live on through the ages. We know this one well; perhaps the youth of the world can learn from this one again...Jonah

## Questions for future Newsletters

**What is the difference between discipline and devotion in terms of how we approach our healing and bring forward our abilities? Sharon Soldi, Ramona, California**

**When I think of a "teacher" or "those who come to assist," it has a feeling of separation on it – for example "a teacher" is separate from "an individual the teacher is assisting." How can I shift my perception of a "master" or "teacher" to be more in line with the concept that we are all one? Or how can an individual feel at one with those of a lower vibration and vice versa? Is it to remove judgment? Sharon Soldi, Ramona, California**

**Jonah, during this period of transition and the fear ones hold are there more alien abductions then what usually goes on? Do abductions usually happen around 3:00 AM? If one were abducted does this mean they have an activated implant? If one thinks they have lost time between 3 and 5 am is this an indication of abduction? Is holding self with unconditional love the best way to cease abductions? What other information if available at this time? Thanks, Janette Dean, Victor, Colorado**

**Jonah “ There are only 7 souls on earth; the rest is done with mirrors.” (Cited from the Newsletter on March 15, 2009). I do not get the existence of only 7 souls on earth. Could you please expand on this? Loula Vretou, Athens, Greece**

**Jonah, I have friends who are learning and practicing Tai Yi from Hossca and I want to receive the benefits of this healing energy technique. I would like some guidance on how to best approach a practitioner for assistance. For instance, would you suggest that I wait until i have a specific ailment or issue to work on or is the best approach to allow the practitioner and myself to use our intuitions to choose an exercise that I am needing? Ewell Culbertson, Longmont, Colorado**

**Dear Jonah, Could you please help us understand how can we overcome the mental virus which causes our spiritual sleep?  
With respect and love, Katerina Michalopoulou, Greece**

**Jonah, Will you please explain the learning/healing process of an unborn child's soul as the pregnant mother moves along in her pregnancy? Does the child still work with his/her guides, setting things in motion for the physical life? Do they tend to stay around the mother and/or parents in proximity? Do they stay attached to an age or gender even though they're in the nonphysical? Are they very aware of the present issues within the parents and interact with the parent or parents in accordance to those issues?  
Thank you! Tami Urbanek, Monument, Colorado**

**Jonah, thank you so much for your precious support. You have given us a lot of information about the main things each one has to focus on in accordance with his healing process during these times of change. But what about our small children at the age i.e. of 2,3,4 or 5 years old, how we as parents can support those souls to heal themselves, during this period? What about their core beliefs? Sophia Tsoumaki, Athens, Greece**

# Questions

Thank you for sending in your questions for the Jonah Newsletter. Please continue to send in your questions. Your questions and Jonah's answers are a great teaching tool for many. Send your questions to;  
[Hossca@aol.com](mailto:Hossca@aol.com)

## Autumn 2009 Intensive Date

The Jonah Intensive

Denver, Colorado

Title yet to be announced.

Autumn Intensive September 25, 26, & 27, 2009

With Love and Light

Hossca and Rebecca

*Jonah Life Institute llc*

[www.Jonahlifeinstitute.com](http://www.Jonahlifeinstitute.com)

Life Energy Flow Tai Yi School of Healing

PO Box 250

Divide, CO 80814

719-687-7676

[Hossca@aol.com](mailto:Hossca@aol.com)

It is our policy to only send this newsletter to those who have requested to be on our mailing list. If you have received this newsletter in error or wish to be removed from our mailing list please e-mail [Hossca@aol.com](mailto:Hossca@aol.com) and put cancel in the subject line. Your e-mail address will be removed.

**Jonah Life Institute does not share or give information about you to anyone at anytime for any reason. Your name, address, phone, and purchase history is held in strict confidence.**