



Discovering An Adventure Called Life



Hossca Harrison

September 15th 2009 Issue

Newsletter

The next intensive

DID YE MISS IT?

RECREATING MISSED OPPORTUNITIES TO HEAL

*NOT ONLY WILL YOU LEARN TO RECREATE MISSED OPPORTUNITIES,
YOU WILL LEARN TO RECOGNIZE THEM WHEN THEY OCCUR
IN THE FUTURE.*

5 STEPS WILL BE TAUGHT ON HOW TO RECREATE A MISSED OPPORTUNITY, TO ALLOW CHANGE IN YOUR LIFE.

**THIS MESSAGE IS NOT ABOUT GOING TO THE PAST, BUT RATHER USING THE WAVE ENERGY NOW OCCURRING.
JONAH REFERS TO THE WAVE ENERGY IN HIS MESSAGE "Mind of God."**

September 25, 26, 27, 2009

*\$340.00 per person if paid in full not later than
September 15, 2009*

*\$385.00 per person if paid after September 15, 2009
Denver, Colorado, USA*

For more information go to www.Jonahlifeinstitute.com

Hossca Interview Today

Hossca will be interviewed today September 9, 2009 on Mind Matters
with Eldon Taylor.

The interview can be heard on KRWM 106.9FMHD-3 in Seattle Washington, or on
the Internet at <http://contacttalkradio.com/hosts/eldontaylor.html>

The interview will be at 1:00 PM Pacific Time. For those who miss the interview
can listen to it on line at any time at the same link as above.

Jonah Messages *Let The Journey Begin...*

We have just completed our new DVD *Let The Journey Begin...* This DVD has beautiful graphic designs with music. It includes portions of Jonah's message he gave at the winter 2009 Intensive. Jonah teaches how to create a quality life in the journey ahead and what to watch for. **This DVD also has extra features including Tai Yi. Learn what every Tai Yi practitioner should know and what every Tai Yi client should know, prior to having a Tai Yi exercise.** This DVD can be played on your DVD player and/or computer.

To order online go to Products page on
www.Jonahlifeinstitute.com

OR

Request the order by check mail order form. E-Mail Hossca@aol.com and put Check Order Form in the subject line. We will send you the CD order form.

Jonah Question and Answer

Jonah I have listened to your message "The Coming Pandemic" which you gave in 2006. You stated young people would be more affected by this pandemic than other age groups. The CDC (Centers for Disease Control) is now stating that 80% of the children who have died from this Pandemic are between the ages of 5 to 17. My question is why? My next question is how can we prevent this? Thank you for your advanced warning. Michael Steele, Tallahassee, Florida

Beloved, indeed we did state the younger adults and children would be most affected by the coming pandemic, now the current pandemic. We have also stated this would be so because of the impaired immune system of this age group. Many in this age group have been placed on drugs for depression, ADD, ADHD, anti psychotic drugs and more. These can and often do lower one's immune system. This pandemic virus is a designed virus; it is not a product of nature. It is of great importance for each to build their immune system. This first requires removing sugar and chemical preservatives from one's diet. Many in this age group, as we described in our message, "Children of the 21st Century" and "Children of the 21st Century Continues," have lowered immune systems when they feel they do not have anyone who understands them. Many of these children feel different, but are under pressure to conform. When they conform and deny their differences and abilities, their immune system becomes lowered. Some become ADD, ADHD, and some become psychotic. A child needs to be understood and supported without being forced to conform, to have a healthy immune system. It also requires establishing a supportive sleeping pattern to rest the body; it requires learning to rest the mind. Many in this age group keep their mind in high beta brain waves. Continuing this, does lower one's immune system. Teach a child how to breathe deeply to exercise the lower lobes of the lungs.

We well understand some are not heeding the warnings of what is occurring, some ridicule the pandemic, but this is usually out of fear. It is also to state this pandemic is not to be feared, but indeed prepared for. This is your life and this is about the quality of your life...Jonah

Jonah, what is the fear behind the resistance of one holding on so tightly to their core belief yet knowing that healing brings joy, inner peace and the release of family traditions. Thank you, Glenda Lynn, Broomfield, Colorado

Beloved, the core belief attempts to protect itself with the energy of fear. The mind knows what to expect with the old, it tells itself it is safer to allow what is a known factor versus an unknown. Many do not consciously

know what true lasting joy feels like, many do not know what true lasting peace feels like. How many indeed continue to follow family traditions of pain and suffering? To what avail? It is for each to remember, if ye desire to experience something ye have never experienced, then ye must be willing to do something ye have never done. How many tell themselves they are making a new choice only to find the same results. It is to look deeply at your new choice, is that choice a remake of the same old choices? Beloved, healing is not convenient, it requires work and commitment. Most of all it requires a commitment to not run away from the progress one has already made...Jonah

Questions for future Newsletters

Jonah, what is critical for teachers working with immigrants children or charismatic children whose talents are not "recognized" by their parents? With love, Aggeliki Plouma, Athens, Greece.

Jonah, what is the difference between the soul and oversoul. Could more than one person have the same oversoul? Is the oversoul the same as what I call the higher self? Thank you, Mary DeVore, Lakewood, Colorado

Jonah,
What is the relationship between the predominant belief (Psychology of Denial) and the core belief? Thank you, Matt Spaeth, Lyons, Colorado

Jonah talk about "The Third Man Factor" or phenomenon from a spiritual perspective. Experiencing this phenomenon in a dream state, is this for the purpose of expanding ones consciousness into the spiritual realm? Is this the subconscious bringing to the conscious mind information that one needs at that time? Char Slavensky, Sacramento, California

Jonah how does one create a positive intent of healing, for oneself and the process? Then, how does one know and know that they know that their intent is entirely as such? Thanks, Matthew Dean, San Diego, California

Questions

Thank you for sending in your questions for the Jonah Newsletter. Please continue to send in your questions. Your questions and Jonah's answers are a great teaching tool for many. Send your questions to;
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With Love and Light

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