



Discovering An Adventure Called Life



Hossca Harrison

December 1, 2009 Issue

# Newsletter

The next intensive

## **THE SIXTH SECRET**

Understanding the Secret Global War  
Reclaiming the Power of your Sixth Sense

A Major Global Subliminal Campaign started in the autumn of 2009 will substantially increase in the United States, Canada, Europe, and Australia during the winter of 2010.

Jonah will give 6 steps to refine your sixth sense to SEE, FEEL, and RESIST this global subliminal influence.

Has fear increased?

Has confusion increased?

Has your immune system been compromised?

Has your mind wanted you to give up on your healing, your path and just be normal?

*What traditions have failed to accomplish,  
the Secret War will attempt to finish...Jonah*

February 5, 6, & 7, 2010  
Denver, Colorado, USA

To register for this Intensive go to [www.Jonahlifeinstitute.com](http://www.Jonahlifeinstitute.com) or send check or money order for \$340.00 by January 26, 2010 to the address at the end of this newsletter.

# Jonah's Newest Message

## NATURE OF THE BEAST

Jonah's message "**Nature of the Beast**" is a message for deep understanding of the nature of your makeup. Jonah explains why there is no contradiction between evolution and spirituality. Why do humans carry such strong emotions of anger, hatred, desire for war, and the desire to inflict self punishment? Jonah explains the difference between the 3<sup>rd</sup> and 4<sup>th</sup> dimension and where humans (the human body) came from. This is a powerful message to understand why you are the way you are with a sense of peace, and why you have the power to change it.

## BEAUTY OF THE HUMAN SOUL

In this message Jonah talks about the true beauty of the human soul and how the soul works with the human consciousness. Jonah talks about the power of one's ability to create healing. Also addressed are soul aspects and the String Theory in relation to there is no separation in all that exists. Jonah presents a challenge and an exercise to understand the human soul.

To order online go to **Products page at**  
[www.Jonahlifeinstitute.com](http://www.Jonahlifeinstitute.com)

OR

Request the order by check mail order form. E-Mail [Hossca@aol.com](mailto:Hossca@aol.com) and put Check Order Form in the subject line. We will send you the CD order form.

# A Message from Hossca

Dear Friends; this has been a year of expansion for Jonah Life Institute and Life Energy Flow Tai Yi School of Healing. This year we released a total of 9 titles on CD and DVD; "**Earth's Message,**" "**Monsters,**" "**Individuality,**" "**Spiritual Insanity,**" "**Mind Of God,**" "**Let the Journey Begin**"...DVD, "**Beauty of The Human Soul,**" "**The Coming Pandemic,**" and "**Nature Of the Beast.**" Plus the Greek Translation of "**Tide of Change**" was published in Greece this year. Next year we plan on releasing a total of 12 titles including the Greek Version of "Let the Journey Begin DVD" with Greek subtitles.

Life Energy Flow Tai Yi School of Healing has expanded to 60 students this year with many changes. We started a new class for Advanced Tai Yi Studies, for students who score a 5.0 or above on their test. I will be creating a student handbook this coming year to create clarity and focus for the school's continued growth. From time to time we do have students drop out of the school. We have a wait list for students wanting to enroll in the school. We have your names and e-mail addresses on file. When or if an opening occurs, you will be contacted. If you would like to be added to the list, e-mail Hossca at [Hossca@aol.com](mailto:Hossca@aol.com). We have a list of Tai Yi practitioners and those in the **Advanced Tai Yi Studies** with their contact information on our web site [www.Jonahlifeinstitute.com](http://www.Jonahlifeinstitute.com) click the Tai Yi button on the front page. Next year we plan to create a Tai Yi web site with detailed information on Tai Yi. **Life Energy Flow Tai Yi School of Healing** is the only school teaching and certifying Tai Yi practitioners.

This coming January, I will begin my long awaited new book, "**The Essene Odyssey**." This book will be written with the assistance of Jonah. The book will detail my life and Jonah's life, my father during the Essenes. This story will include the life style of the Essenes, which has been much maligned in many writings by ones who were not there. What was daily life like during that time frame, how many Essenes were there, where did they live, and what foods did they eat? Why were they considered physicians? I will describe what my life was like, who my children were, and what I have returned to complete. How did Tai Yi play a part of the Essenes, and how did Tai Yi arrive from China to the Middle East? What was Jeshuau Joseph- bar- Joseph like, what was his temperament like, and how did he view his own life? There will be many surprises in this book.

Next year will be a very busy year including travel, so changes will need to be made to allow for this. One of the changes we will make is following Jonah's request, by reducing the amount of personal sessions we do starting in January. Between 80% and 90% of personal sessions will be eliminated. Those who are new on the wait list and have been on the wait list for some time will receive their personal session with Jonah. We will not be adding more people to the wait list, nor will we be scheduling more personal sessions with Jonah at this time. If you had a session scheduled with Jonah in 2010, please do not call or e-mail about when or if you still have a session. We do not know at this time how the new schedule will work. Those having a session this coming year will receive an e-mail announcement, about a month prior to your scheduled session. Jonah will continue doing Group Sessions at the Universal Education Foundation Healing Center in Woodland Park, Colorado. We plan on doing about 10 Jonah Group Sessions next year.

Rebecca, myself, and our family thank you for your love and support. It is truly felt and accepted. We look forward to seeing you on our travels, or the coming 3 Intensives to be held in the United States, or the Jonah Group Sessions in 2010. I certainly look forward to continue teaching my students the philosophy and healing practices of Tai Yi...With Love and Light Hossca

# Jonah Question and Answer

Dear Jonah, please help me understand what is going on when we have to deal with people that have lower energies. How can we behave when we work or live or just be friends with people with lower energies? Sometimes, problems may arise from the non-communication between individuals and between energies. Is it wise to stop any relation with those people because of this bad communication or should one cope with any weirdness those people may have? How can one respect her/himself in terms of limits without hurting anyone? And if someone is in a therapeutic situation what will be better for her/his state of mind and emotions? I thank you so much for your help and time! Anastasia Mitrogogou  
Athens, Greece

**Beloved, there are many in your world that carry different levels of consciousness. Many are struggling to survive, many live in fear, anger, and depression, because they have lost connection to their heart. Indeed, should one punish them because of their pain? Indeed not, one does need to learn compassion for those who are in pain. Do ye take on their pain and suffering, thereby wanting to escape the environment ye have created? Are ye trying to change another? If so ye have opened the door to accepting their pain. ‘A therapeutic situation?’ For goodness sakes, the earth is a therapeutic situation. Your world is filled with ones who have lost connection to their heart as we have stated. Ye learn to live among these by learning compassion. Study our message “[Compassion](#)”, but first allow compassion on yourself. With compassion ye will create a state where ye will not allow yourself to lose the connection with your heart...Jonah**

Jonah, why do people confuse intimacy with sexuality? Is there a connection between this and people fearing bonding with themselves and others? Sharon Soldi, Ramona, California

**From birth to death in your society ye are programmed to view sexuality as love, intimacy. Ye are programmed by many of your world corporations, who want you to believe this, so they may profit off your pain and suffering. Many present their products with hidden sexual images, creating the belief one will find self gratification in obtaining their product. Study our message “[Sexuality](#).” Can friends enjoy intimacy; can family enjoy intimacy without leading to a sexual relationship? Indeed they can. But many are confused about sexuality and just what sexuality is. Sexuality, for the most part in your society, has become animalist in nature. How many view sexuality in its true context of love and bonding with another, or is it simply gratification. We will be speaking more upon this in what is called the Intensive “[The Sixth Secret](#)”...Jonah**

Jonah Why were humans created with a subconscious or unconscious part of the mind? Other animals don't have this. Wouldn't it be better for us to remember and consciously know all of our true thoughts? Then we could work with them more directly. Anna Frances, Denver, Colorado

**Beloved, your question is based upon a misunderstanding. Ye perceive someone or something created your own subconscious mind without your consent. This is not so. It is also a misunderstanding about animals not having a subconscious mind, although it is different than humans. Ye ask, 'Wouldn't it be better for us to remember and consciously know all of our true thoughts?' If this were to occur at once, ye would experience what ye call a melt down, a total and complete breakdown of the human consciousness. How much time and work does it take for one to work on one single issue, or that we call Core Belief we taught in our message "A Belief Worth Dying For"? Indeed, it would be wonderful for ones to take 1000 steps at a time versus 1 step at a time, but the human consciousness is not ready for this at this time. This will change, but not today. Study our message "[Nature of the Beast](#)"...Jonah**

## Questions for future Newsletters

What is intelligence? How can ones increase their intelligence so that they are always aware of truth versus a lie? So that they become aware of their punishment programs and the subtle ways they punish self before entering into another cycle of punishment?

With much love and gratitude, Aphrodite Tsalgatidou, Athens, Greece

Thank you for your "[Beauty of the Human Soul](#)" message, and the deepened info on "string theory". I'm excited. I want to know if the matrix of energy strings I saw while taking ayahuasca medicine relates to the frequency strings of energy you were speaking of, or whether they were a part of the energy web created by the plant medicine, or both, since as you say, there is no separation in all that exists. Thanks again for the amazing message. Michael Bohoskey, Durango, Colorado

Jonah, regarding Children of the 21<sup>st</sup> Century, how is their sensitivity to foods related to their abilities? What would you say to a child on ADHD medication about why their body is so sensitive to certain foods (like refined sugar)? Sharon Soldi, Ramona, California

What about the dinosaurs? What is their story?  
Sandi Madison, Deming, Washington

# Questions

Thank you for sending in your questions for the Jonah Newsletter. Please continue to send in your questions. Your questions and Jonah's answers are a great teaching tool for many. Send your questions to;  
[Hossca@aol.com](mailto:Hossca@aol.com)

With Love and Light

Hossca and Rebecca Harrison

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