

Dear Friends, from time to time we offer questions from you to Jonah. Below are two questions we asked Jonah, one on the Essene Heart and the other about the war in the Middle East.

Jonah, what is the Essene Heart? I have heard of the Essenes but know little about them. Could you please share the meaning of Essene and the Essene Heart? Thank you. Ken... San Diego, California.

Indeed, the word Essene is an ancient word translated through many languages simply meaning Healer. As with many words of antiquity, how ye use the word gives the meaning of the word. Essene also means Healer from the Stars or Heavens.

The Essene Heart means the deepest level or called 7th level. The heart has 7 levels, when the 7th level opens all of one's abilities open.

The Essenes are not a group of humans; it is not something to join. It is rather the ancient meaning of one coming into the deepest awareness of one's self. It is finding the center of one's enlightenment. To open the Essene Heart means you are claiming the ability of your soul, you are giving permission to self to become the one you have always intended to become...Jonah

Jonah, regarding all the killing going on in the Middle East – none of the leaders around the world has a solution to bring an end to it. Is there anything man can do to bring peace to the area, or will it take Divine Intervention? Thank you for your input...Bonnie, Sacramento, California

The Middle East as ye call it, is a spiritual metaphor for religions around your world. Indeed, the three primary religions of Judaism, Islam, and Christianity in this part of your world continue to live in conflict with each other. None of these religions live the word of their teachings. Therefore, these religions will not be the ones to bring peace to a land that accepts no peace.

Ye ask of Divine Intervention. Indeed, it will require Divine Intervention from the Divine Heart of many who are not indoctrinated into the hatred of self. Beloved this war as we spoke of in our Nuclear War message many years ago (1986), is a war that shall continue. It is a manifestation of the hatred in man's mind, one unto each other. Yes, the war is in the Middle East but the war in greater understanding is in man's warring mind.

This war is a self-created war, a message to all humanity; this message is from the earth, "Awaken from the sleeping sickness, learn to live in peace or the opportunity shall be created for many to leave the earth."...Jonah

With Love and Light
Hossca and Rebecca Harrison